

SANDPLAY THERAPY

Training 2019-2021

Edmonton, Alberta



CAST

Canadian Association
for Sandplay Therapy

Association canadienne pour
la thérapie par le jeu de sable

Sandplay Therapy Training

Five modules of 20 hours provide the 100 training hours required for certification with both CAST and ISST

The following module is currently offered:

Module 1

Nov. 9-11, 2019
(3 days – 20 hours)



"Often the hands will solve a mystery that the intellect has struggled with in vain"

- CARL JUNG

INTERNATIONAL SOCIETY FOR SANDPLAY THERAPY (ISST)

ISST is affiliated with the International Association for Analytical Psychology (IAAP), recognizing Sandplay's theoretical foundation in Jungian psychology.

visit www.isst-society.com

CANADIAN ASSOCIATION FOR SANDPLAY THERAPY (CAST)

CAST has been a National Society member of the International Society for Sandplay Therapy (ISST) since 1998. Our faculty is comprised of Teaching Members authorized by CAST and ISST to offer training, supervision and advising, leading to certification with ISST.

visit www.sandplaycanada.ca

CAST MEMBERSHIP BENEFITS

- Connecting with Canada's Sandplay community
 - Discounts for training and conferences
 - Member newsletters
- NOTE: Ongoing membership in CAST is required for certification candidates.

TRAINING PROGRAM

All training seminars have three components: experiential, theoretical, and clinical. Experiential activities are used to teach the theory and principles of Kalffian sandplay, which are then elaborated in lectures and discussion. Clinical examples from case material, used with permission, illustrate sandplay dynamics in client process and within the therapeutic relationship.

Illustrative sandpictures are used to develop "seeing" skills that include bodily responses, evocation of memories, emotions, prior knowledge, and intuitive sense-making dynamics; and, subsequently, analysis and interpretation of pictures based on rational guidelines, amplification of symbolic material, and meaning for the client. This learning is integrated with an understanding of issues in the clinical practice of sandplay, emphasizing the central role of the therapist.

Throughout the training participants will write about their experience and develop awareness of their dynamic process with sandplay and their professionalism as a sandplay therapist. The program includes, but is not limited to:

- History and development of sandplay

Major influences on Kalff; elements of sandplay in traditions of healing; therapist as a non-intrusive witness; silence/non-silence; the hands as knowers; observation strategies; cultural considerations.

- Developmental psychology and its relation to sandplay

Emphasis on attachment dynamics, affect regulation and development of the self; developing a capacity for free-flowing play; psychological development as expressed through sandplay.

- First sandpictures

Chaos and order; containment; ordering elements; movement and energy patterns; polarities in the tray; centering; looking for themes; what first pictures can tell us about the process.

- Jungian psychology and sandplay

Relevant terms and dynamics; vertical and horizontal dimensions; inner and outer worlds; relational aspects; relationship of sandplay to other modalities for expression of unconscious material.



- Symbols and symbolic process

The nature and role of archetypes in deep psychological work; personal and cultural associations to symbols.

- The Mother archetype / the feminine and sandplay

Models of Jung, Neumann, and others; characteristics, imagery, and cultural examples.

- The Father archetype / the masculine and sandplay

Models for understanding; personal and archetypal symbolism; cultural influences and attitudes.

- Masculine and feminine

Relationship to Mother and Father archetypes; models of development; neuroscience, attachment and sandplay.

- The Child archetype

Exploration of imagery; the different child archetypes; inner child; abandoned child; divine child.

- The Self in sandplay, myth and fairytales

Self as organizing principle of the psyche; manifestations in sandplay, myths, and fairytales.

SANDPLAY THERAPY

Dora Kalff developed Sandplay therapy, a psychotherapeutic approach for children and adults, in the late 1950s.

Through spontaneous imaginative play in trays of wet or dry sand, clients sculpt sand and place miniature figurines and objects to create three-dimensional scenes. In the “free and protected space” of the therapeutic environment, these sand pictures express and mediate between clients’ inner and outer worlds, and promote healing and wholeness.

Sandplay’s therapeutic effectiveness in working with childhood trauma has been documented in:

Trauma Through a Child’s Eyes, Peter Levine & Maggie Kline;

Helping Abused and Traumatized Children, Eiana Gil.



“Sandplay is a form of active imagination... Even a single sandtray can have healing power... In the Sandplay process, one can often see order emerging from the chaos”

- BRADWAY & MCCOARD

INSTRUCTORS

Bea Donald (Ph.D., CCC, MFT, CAST/ISST)

Bea has been a teaching Member of CAST since 2000. She has taught, supervised, and presented on Sandplay therapy in Canada, South Korea, the U.S., Switzerland, and in the ISST Intensive Training Week, Malta. She has a private practice in Vancouver supervising, training and providing therapy and Sandplay therapy. In her previous agency work as clinical supervisor and manager, she trained interns and practicing therapists in Sandplay. She has published several articles on Sandplay in the Japanese, American and German Sandplay Association journals. Her Ph.D. dissertation placed Sandplay theory and practice within a contemporary philosophical context.

Barbara Dalziel (psychotherapist, l'Ordre des Psychologues de Quebec)

CAST /ISST certified Sandplay Therapist, Teaching Member, and licensed psychotherapist in Québec. Her Sandplay teaching and supervision have contributed to the growth of Sandplay Therapy in Canada, Australia and South Korea. Barbara works with young children, teens and their families as well as adults in Montréal, where she has her private practice. Barbara has presented at the National Art and Drama Therapy National Conference, CAST National Conferences and ISST Congresses in 2009, 2011, 2014 and 2017. She has published in both the Canadian Art Therapy Association Journal and the Journal of Sandplay Therapy.

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REGISTRATION

Module 1 (3 days):

CAST Members **\$700**

Non Members **\$770**

Includes morning and afternoon refreshments.

Payment Information

One-time Administrative Fee \$50

\$150 deposit per module, due on registration.

Balance owing 30 days prior to training.

Please pay in Canadian funds or equivalent.

Cancellations received before balance owing dates are subject to a \$75 processing fee.

Cancellations after balance owing dates can be refunded (less \$75 processing fee) only if your space can be filled.

Registration will be limited to 16 participants.

Location

TBA

Accommodations

Contact us if you need consultation about conveniently-located lodgings.

Complete registration online with PayPal at www.sandplaycanada.ca
or by mail using the registration form below:

Name: _____

Address: _____

City: _____ Prov.: _____ Postal Code: _____

Phone: _____ Email: _____

Credentials or Training: _____

Current Practice: _____

Two cheques enclosed **payable to CAST**: one \$150 deposit; one post-dated for balance owing 30 days prior to event

Mail to: Barbara Dalziel, 108 Bannister Ave, Pointe-Claire, QC, H9R 3M7