

## Introductory Training 2020

Two-day training will provide 12 hours of Introduction to Sandplay Therapy allowing further enrolment into certification training with both CAST and ISST

**Introductory  
Training (Option 1)**  
**SEPT. 19-20, 2020**  
(12 hours)

**Introductory  
Training (Option 2)**  
**NOV. 14-15, 2020**  
(12 hours)



*"Often the hands will solve a mystery that the intellect has struggled with in vain"*

- CARL JUNG

### INTERNATIONAL SOCIETY FOR SANDPLAY THERAPY (ISST)

ISST is affiliated with the International Association for Analytical Psychology (IAAP), recognizing Sandplay's theoretical foundation in Jungian psychology.

visit [www.isst-society.com](http://www.isst-society.com)

### CANADIAN ASSOCIATION FOR SANDPLAY THERAPY (CAST)

CAST has been a National Society member of the International Society for Sandplay Therapy (ISST) since 1998. Our faculty is comprised of Teaching Members authorized by CAST and ISST to offer training, supervision and advising, leading to certification with ISST.

visit [www.sandplaycanada.ca](http://www.sandplaycanada.ca)

### CAST MEMBERSHIP BENEFITS

- Connecting with Canada's Sandplay community
- Discounts for training and conferences
- Member newsletters

NOTE: Ongoing membership in CAST is required for certification candidates.

## Introductory Training

This 2-day training workshop will allow participants to complete all of the prerequisite hours of the Sandplay Therapy Certification program (Level 1). The course further elaborates on Jungian fundamental concepts and theories that Sandplay Therapy is grounded in.

Attending this seminar is a great way to become familiar to the modality of Sandplay Therapy and its benefits for clients (all ages but with an emphasis on children). Social Workers, Special Education teachers, and psychotherapists working in the field of mental health would benefit from this workshop.



### Learning Objectives:

- Understand the 21 basic concepts as set out by Martin Kalf
- Understand developmental stages in Sandplay Therapy
- Experiential exercises to further understand the anatomy of the psyche
- Presented case material will demonstrate how the technique shows positive changes in the clients.

**Facilitator: Sylvia Simonyi-Elmer** has been an Internationally Certified Sandplay Therapist since 1997. She is a founding member of CAST and was the National Representative for CAST on the ISST Board for 8 years. She currently serves on the CAST Board and is considered one of the Senior Teaching Members of CAST. She is a Registered Psychotherapist and is also a Supervisor with Play Therapy International. She has been in private practice in Kingston since 1993. Prior to her private practice she was employed at the Muki Baum Association as their Psychometrist/Therapist.

*“Sandplay is a form of active imagination... Even a single sandtray can have healing power... In the Sandplay process, one can often see order emerging from the chaos”*

- BRADWAY & MCCOARD

## **SANDPLAY THERAPY**

Dora Kalff developed Sandplay therapy, a psychotherapeutic approach for children and adults, in the late 1950s.

Through spontaneous imaginative play in trays of wet or dry sand, clients sculpt sand and place miniature figurines and objects to create three-dimensional scenes. In the “free and protected space” of the therapeutic environment, these sand pictures express and mediate between clients’ inner and outer worlds, and promote healing and wholeness.

Sandplay’s therapeutic effectiveness in working with childhood trauma has been documented in:

*Trauma Through a Child’s Eyes*, Peter Levine & Maggie Kline;

*Helping Abused and Traumatized Children*, Eiana Gil.



### ~~~~~ Registration ~~~~~

**Cost: \$425**

#### **Live Online Training:**

These introductory training events will be virtual, held online for 6 hours per day (12 hours total). If the number of participants allows, in-person training in Kingston, Ontario may be considered. This introductory training is a prerequisite for Intensive Training Sessions.

#### **Payment Information:**

Full payment due one month before training event.

Cancellations can be refunded (less \$75 processing fee) only if your space can be filled.

**\*\* The workshop will go ahead only if there is sufficient registration\*\***

#### **Complete registration:**

Online with PayPal at [www.sandplaycanada.ca](http://www.sandplaycanada.ca) (Training & Events page), or by mail using the registration form below.

### ~~~~~ Inquiries ~~~~~

**Sylvia Simonyi-Elmer**  
1157 BUTTERNUT CREEK RD  
KINGSTON, ON K7L 4V3  
PHONE: 613-548-0969

Or register online at  
[www.sandplaycanada.ca](http://www.sandplaycanada.ca)

~~~~~ *Registration Form* ~~~~~

Name: \_\_\_\_\_

Address:

\_\_\_\_\_  
\_\_\_\_\_

City: \_\_\_\_\_ Prov.: \_\_\_\_\_

Postal Code: \_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Credentials or Training: \_\_\_\_\_

Current Practice: \_\_\_\_\_

**Please indicate which dates you would like to select:**

- September 19-20, 2020
- November 14-15, 2020
- Available for either set of dates

Please include:

- A cheque enclosed payable to CAST
- Mail to Sylvia Simonyi-Elmer, 1157 BUTTERNUT CREEK RD, KINGSTON, ONTARIO, K7L 4V3

Phone: 613-548-0969